**A Family of Believers: Called and Sent by Jesus**

**Parish Intergenerational Faith Formation**

**Ss. John & Paul Parish, Altoona, IA**

**Kitchen Table Faith Playlist**

**May, 2021**

**Living the Mission**

**May**: As the lectionary focuses on the disciples being sent, we continue to look to the New Testament for guidance in equipping individuals and households for mission.

**SSJP Mission Statement:**

Called together by our common baptism, Ss. John and Paul Parish strives to live the good news of Jesus by celebrating Eucharist and all the sacraments. Committed to life-long learning, we share Christ with others by living our faith and reaching out in love.

**Scripture Focus:**

Pentecost stories

**Goals for the Gathering:**

* To prepare for the celebration of Pentecost
* To focus on the idea of being called and gifted and sent
* To challenge our households and parish to step out in faith; to reach out in love
* To emphasize that we are all called by our baptism, along with the newly initiated, to tend God’s vineyard and bear great fruit

***Main Course***

Faith Formation L!VE:

Adult Faith Formation L!VE:

Sunday Gospel Reflections:

**Parish Connection:**

We challenge each household to step out in faith and reach out in love, as they live into their mission.

**Side Dishes**

\* Items highlighted in yellow are separate documents

**With Children:**

Bible Story: Pentecost John 20:19-23

Video: <https://www.youtube.com/watch?v=OMQKy1Mx49M>

Fruits of the Holy Spirit Song for Kids: <https://youtu.be/G6foyfCFdMw>

Activity:

Fruits of the Holy Spirit Activities:

Coloring pages, crafts, snacks, Games,

<https://www.catholicicing.com/fruit-of-the-spirit-resources-for-kids/>

Music:

God is good

<https://www.youtube.com/watch?v=0VDpHibftHs>

Let’s Get a Little Crazy

<https://www.youtube.com/watch?v=FnMo6OE1s5o&t=128s>

Thankful

<https://www.youtube.com/watch?v=U_ewLEvA8_o>

Jesus my Friend:

We hope you have enjoyed journeying with our friend Jesus and learning more about him this year as we have explored stories from the New Testament. I challenge you to continue to read stories from your Bible and learn more about Jesus. Take your Jesus my Friend with you on your adventures this summer and share the things you have learned.

**Teen:**

Living the Mission for Teens video

Confirmation Connection

Confirmation video

**Gifts of the Holy Spirit**

With your baptism, you received the gifts of the Holy Spirit. Is there one (or more) you wish to strengthen? Ask God to help you.

**Confirmation and Baptismal Promises**

At confirmation, you will be asked to make a promise as to whether or not you reject sin and believe in God, Jesus, the Holy Spirit, and the Catholic Church. It will be important then, for you to really take some time to think about your own beliefs.

Take some time to reflect on these promises.

**Just for Kicks and Giggles**

**Are You Smarter than a Catholic 5th Grader?**

Test and answers

**Wrestlers Carry On**

One person can do some things, but two working together can do more. Watch these two accomplish something remarkable.

**Family:**

**Ascension**

<https://catechistsjourney.loyolapress.com/2021/05/pop-up-catechesis-ascension-three-questions/?utm_source=Newsletter&utm_medium=email&utm_content=New+from+Catechist+s+Journey%3A+Pop-Up+Catechesis%3A+The+Ascension+and+Three+Questions&utm_campaign=CJ+RSS+members&vgo_ee=Sqd%2FXRMXfYWZL9FFf9TVH675FFi6q3RS5S7J9jJw31Y%3D>

Story Time: The Most Magnificent Thing by Ashley Spires

Pentecost Explained with Legos

<https://www.youtube.com/watch?v=Xvy-_Dayaoc>

Holy Spirit Coloring Page:

<https://static1.squarespace.com/static/5c8eb51aebfc7faf979f7f76/t/5dc9cfca9b065c7fec0b16fa/1573507019588/Holy+Spirit.+Stevie+Doodles.pdf>

Prayers and Activities for the Feast of Pentecost

<https://www.sadlier.com/religion/blog/prayers-activities-for-the-feast-of-pentecost>

**Adults:**

Prayer tool:

<https://bustedhalo.com/ministry-resources/praying-with-your-eyes-how-to-get-started-with-visio-divina>

Pope’s Prayer Video for May:  
<http://popesprayerusa.net/2021/05/04/may-pope-video-world-finance/>

Scripture Connection

<https://www.loyolapress.com/catholic-resources/liturgical-year/liturgical-cycles/cycle-b-resources-the-gospel-of-mark/learn-more-about-st-mark-and-his-gospel/>

Plants in the Bible

“On the 3rd day, God created plants that bear seeds and every kind of fruit tree.” Genesis 1:11

Living the Mission

Overview of We are Salt and Light, a project of the USCCB:

<https://wearesaltandlight.org/video/video-resources>

Two Feet of Love in Action video:

<https://www.usccb.org/beliefs-and-teachings/what-we-believe/catholic-social-teaching/two-feet-of-love-in-action>

Discernment of Gifts

<https://siena.org/charisms-faq>

Asian Holy Family <https://mail.google.com/mail/u/0/?tab=rm&ogbl#inbox/WhctKJWQpvLHbdlFVjHnZdfVRPczgBWWmbtXrsHjtKcgJMSgJXvCwRTrmcQNkvsmxGQSXkV?projector=1>

**Desserts**

**Focus on a Saint:**

Marian Resources:

<https://www.loyolapress.com/catholic-resources/saints/saints-activities/resource-collections/marian-resources/?utm_source=Newsletter&utm_medium=email&utm_content=Plan+now+to+celebrate+Mary+this+May&utm_campaign=seasonmail2021-mary-5822-par-ces&vgo_ee=EQFTWS%2BV9TRhFf2RGUHcTXb7ImIKGlCdLGgtNBedJm0%3D>

Creative Ways to Pray the Rosary:

<https://catechistsjourney.loyolapress.com/2016/10/creative-ways-to-pray-the-rosary/?utm_source=Newsletter&utm_medium=email&utm_content=Plan+now+to+celebrate+Mary+this+May&utm_campaign=seasonmail2021-mary-5822-par-ces&vgo_ee=EQFTWS%2BV9TRhFf2RGUHcTXb7ImIKGlCdLGgtNBedJm0%3D>

A Family Faith Sharing Guide

<https://catechistsjourney.loyolapress.com/2020/04/facing-new-and-uncertain-situations-like-mary/?utm_source=Newsletter&utm_medium=email&utm_content=Plan+now+to+celebrate+Mary+this+May&utm_campaign=seasonmail2021-mary-5822-par-ces&vgo_ee=EQFTWS%2BV9TRhFf2RGUHcTXb7ImIKGlCdLGgtNBedJm0%3D>

May Crowning at Home;

<https://catechistsjourney.loyolapress.com/2020/04/pop-up-catechesis-may-crowning-at-home/?utm_source=Newsletter&utm_medium=email&utm_content=Plan+now+to+celebrate+Mary+this+May&utm_campaign=seasonmail2021-mary-5822-par-ces&vgo_ee=EQFTWS%2BV9TRhFf2RGUHcTXb7ImIKGlCdLGgtNBedJm0%3D>

Easy May Altar

<https://teachingcatholickids.com/an-easy-may-altar/?utm_campaign=TCK%202021-05-03&utm_medium=email&utm_source=Eloqua>

Learn more about Mary

<https://teachingcatholickids.com/the-blessed-virgin-mary-monthly-devotion-for-may/?utm_campaign=TCK%202021-05-03&utm_medium=email&utm_source=Eloqua>

**Our Catholic Traditions:**

The Easter candle:

<https://www.zieglers.com/blog/the-paschal-candle-everything-you-need-to-know/>

**Liturgical Year Connections:**

This month at our Faith Formation gatherings, we heard the Pentecost story. Pentecost marks the end of the Easter season and celebrates the coming of the Holy Spirit. It is sometimes referred to as “The Birthday of the Church,” because when the Holy Spirit came to the disciples, they were empowered to leave their hiding places and spread the Good News.

3 Minute Retreat for Pentecost:

<https://www.loyolapress.com/retreats/pentecost-sunday/>

Family resource for breaking open the Pentecost Sunday readings:

<https://www.loyolapress.com/catholic-resources/liturgical-year/sunday-connection/pentecost-sunday-cycle-b-sunday-connection/>

Feast of Mary, Mother of the Church falls on the day after Pentecost:

<https://www.loyolapress.com/catholic-resources/saints/saints-reflections/blessed-virgin-mary-mother-of-the-church/>

**For Fun**:

**Cooking through the Church Year**

May

Finish our tour through the Bible with a Biblical Dinner

Broiled Fish John 21:5,6

Lentils with Cumin and Coriander Genesis 25

Cucumbers with Cumin and Yogurt Numbers 11:5

Wheat and Barley Loaves

Luke 9:10-17

Mint and Olive Oil Psalm 104:15

Biblical Fruitcakes 1 Samuel 25:18

**Faith in Action:**

This year we have walked through the New Testament. In May we discovered we are “Living a Mission” to share Jesus’ love with all the world. One way of doing this is to share in the ministry of the Church. We are each called to use our gifts. A community thrives because everyone uses their gifts for the good of the community. What gifts did you discover you have? How are you using your gifts? Find a way to share your gifts with our faith community. Consider serving in one of the ministry roles at Mass, helping with Mass in the Grass, cleaning up in the kitchen after an event…. There are so many ways to share gifts and build community.